



Sisters of St. Francis of Perpetual Adoration

Discernment Retreat Information

7 pm Friday- 11:30 am Sunday EST

While you are with us you will have the opportunity for:

- ◆ Holy Mass, Confession
- ◆ Eucharistic Adoration & Benediction
- ◆ Liturgy of the Hours
- ◆ Marian Devotions
- ◆ Private Prayer Time
- ◆ Time to speak 1-1 with a Sister
- ◆ Talks on various topics including prayer and Franciscan spirituality
- ◆ Meals and recreation with the Sisters

Please bring the following items:

- ◆ Bible, notebook, journal, rosary, spiritual reading, or other items for personal prayer
- ◆ Toiletries: soap, shampoo, toothbrush, deodorant, etc.

The following items are provided:

- ◆ Towels, bed linens, & meals
- ◆ There is no charge for the retreat

Suggestions on what to wear (or not to wear):

- ◆ Pants are fine to wear, including jeans, but please consider wearing something dressier for Sunday Mass
- ◆ Any skirts or dresses should go past the knee
- ◆ No leggings and no shorts (unless to the knees)
- ◆ Shirts with sleeves and a modest fit. No low cut tops or form-fitting clothes, please

When you arrive...

- ◆ Drive up the hill on the right, following signs for St. Francis Convent.
- ◆ Take the first left (across from the Grotto).
- ◆ Park in the spaces available by St. Clare Convent.
- ◆ Come to the main entrance of St. Francis Convent- via the stairs behind the brick wall.
- ◆ The entrance is ahead and to the right- with the handicap ramp.
- ◆ If no one is at the door, please ring the doorbell. The Sisters should be awaiting your arrival.

Travel Arrangements

- ◆ If you are flying into South Bend, please let Sister Benedicta know your itinerary

*Be it done unto me
according to Thy word.*

Luke 1:38

“For both Abraham and Mary, the promise seems impossible...Like Abraham, Mary must walk through darkness, in which she must simply trust the One who called her. Yet even her question, ‘How can this come about?’, suggests that Mary is ready to say yes, despite her fears and uncertainties. Mary asks not whether the promise is possible, but only how it will be fulfilled. It comes as no surprise, therefore, when finally she utters her fiat: ‘I am the handmaid of the Lord. Let what you have said be done to me’” (from a homily of JP II).

